

Background: In line with the collaborative methodology of the ECHO model we developed a Care Home ACP Champions Network with the Edinburgh Health and Social Care Partnership, ACP Team, who are implementing a process '7 Steps to ACP for Care Homes' into routine care and aim to reduce the number of avoidable admissions to hospital.

Aim: To support ACP champions with the '7 Step Process' and provide space to share and reflect on successes and challenges with ACP for residents and families.



Benefits reported by care home staff



100% felt session were well facilitated



100% found sessions enjoyable



75% said they learned something new

Topics

- When to approach ACP discussions?
- What is my role?
- What do we do when families change their mind about ACP decisions?
- DNACPR
- Looking after ourselves

Presenters

- ACP Facilitator
- GP
- Hospital Palliative Care Consultant
- Hospice Consultant

Impact on Practice

“Collaboration with St. Columba's Hospice and Project ECHO enabled shared learning, reflective practice and peer support, which would otherwise not have been possible given the demands on care home staff and was a critical factor in the success of the ACP improvement programme' (Edinburgh Health & Social Care Partnership, Long Term Conditions Programme, ACP Team 2019).”

I learned about support that is available should people be at home/care home for end of life.

I learned about the importance of reviewing peoples wishes/thoughts as conditions progress”